



SANDOWN RELAYS

Saturday 28 August 2010 • Sandown Raceway, Springvale

Whether you've got a V8 under the bonnet or you're built like a Mini, experience the thrill of racing at Sandown.

Athletics Victoria, in conjunction with the Little Athletics Victoria, is giving all athletes the opportunity to blitz up the main straight and power through pit lane, in a high-octane program of underage road relays at Sandown Raceway.

If you love racing in the fast lane, then the Sandown Relays are for you!



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THE EVENT: Teams compete on the fast Sandown course for the honour of the Victorian Road Relay Championship.

Time	Age Group	Event
12.45pm	LAVic U9 & U10	3 x 1500m
1.30pm	Women Open Division 1, 2, 3, 5 & 40+	4 x 6.2km (Div 1 & 2), 3 x 6.2km (Div 3, 4 & 40+)
	Men Open Divisions 1, 2, 3, 4	6 x 6.2km (Div & 2), 5 x 6.2km (Div 3 & 4)
	Men Open Division 5, 6, 7, Masters & U20	4 x 6.2km (Div 5, 6 & 7), 3 x 6.2km (Masters & U20)
1.40pm	LAVic Presentations	U9 & U10
1.45pm	LAVic U7 & U8	3 x 1000m
2.00pm	Women U20, U18, U16, U14	3 x 3.1km
	Men U18, U16, U14	3 x 3.1km
	LAVic U13, U14, U15	3 x 3.1km
2.15pm	LAVic U11 & U12	3 x 2000m
2.20pm	LAVic Presentations	U7 & U8
3.00pm	LAVic Presentations	U11, U12, U13, U14, U15
3.10pm	Presentations: Sandown Relay Awards – Junior & Masters	W U20, M U20, W U18, M U18, W U16, W U14, M U14, M 40+, M 50+, W 40+
3.30pm	Presentations: Sandown Relay Awards – Open Divisions	M Div 7, M Div 6, M Div 5, W Div 4, M Div 4, W Div 3, M Div 3, W Div 2, M Div 2, W Div 1, M Div 1

GETTING THERE: Sandown Raceway is in Springvale, in Melbourne's south-eastern suburbs (Melways Reference 80 C9).

By car: Access to Sandown will be from the Princes Highway, along Racecourse Drive. If travelling from the city, stay in the left lane along the Princes Highway and use the flyover to enter the racecourse (Melways Ref 80 C10).

There is ample free parking available. NOTE: there will be no access to Sandown Raceway from Springvale via Sandown Road on raceday.

By public transport: The easiest public transport access to Sandown Raceway on race day is via Springvale Station, which is approximately 900m from the venue. Catch a Cranbourne or Pakenham line train to Springvale Station and then walk down Sandown Raceway.

As most access gates to the venue will remain closed, access via Sandown Park station is not recommended.

ENTRIES CLOSE: Monday 23 August 2010

ENQUIRIES: All LAVic enquiries should be directed to the Little Athletics Victoria office@vlaa.asn.au or 03 9676 3600. All AV enquiries should be directed to Athletics Victoria xcr@athsvic.org.au or 03 9428 8195.

